

The Prophet Muhammad ﷺ would often sit alone in the cave of Hira, near Makkah, to pray and think deeply, asking the Creator of the Heavens and earth for answers to the questions that surged through his mind.



What is man's true role in life? What does the Lord require of us? From where does man come, and where will he go after death? All alone the Prophet would remain deep in thought, surrounded by nature, seeking answers to all these profound questions



It provides correct and understandable answers to all the central questions which arise in a mind which seeks answers. It serves as a guiding light, inspiring and leading the devout on the right path. The guidance given in the Quran is one of a kind and a great blessing to mankind from Allah, because it shows man the path to final success. It tells man how to behave, so that in the life after death he may enter Paradise, which is the final goal. Fasting is the path to it.



The month of Ramadan, therefore, is a yearly reminder of this blessing which has no equal.

