

## HADITH TIME

Mention Allah's Name (i.e., say *Bismillah* before eating), eat with your right hand, and eat from what is near you.

*Al-Bukhari and Muslim*



## SEERAH FACT

Abd al-Muttalib was the grandfather of the Prophet Muhammad ﷺ. He was also the chief of the Banu Hashim tribe.



## HADITH TIME

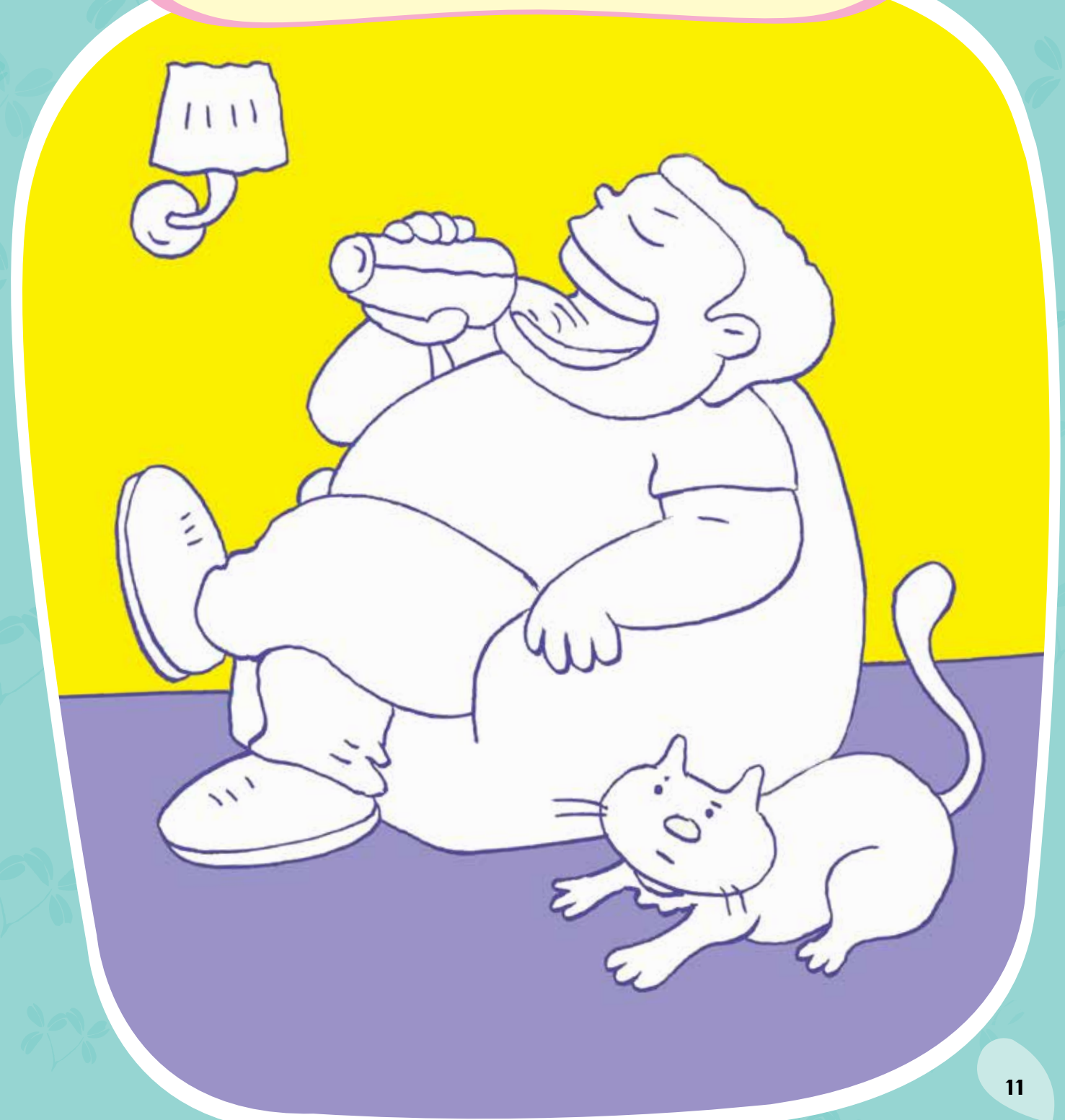
None of you should drink standing; we should always drink water etc. while sitting.

*Muslim*



## SEERAH FACT

Abdullah was the father and Aminah was the mother of the Prophet Muhammad ﷺ.





## HADITH TIME

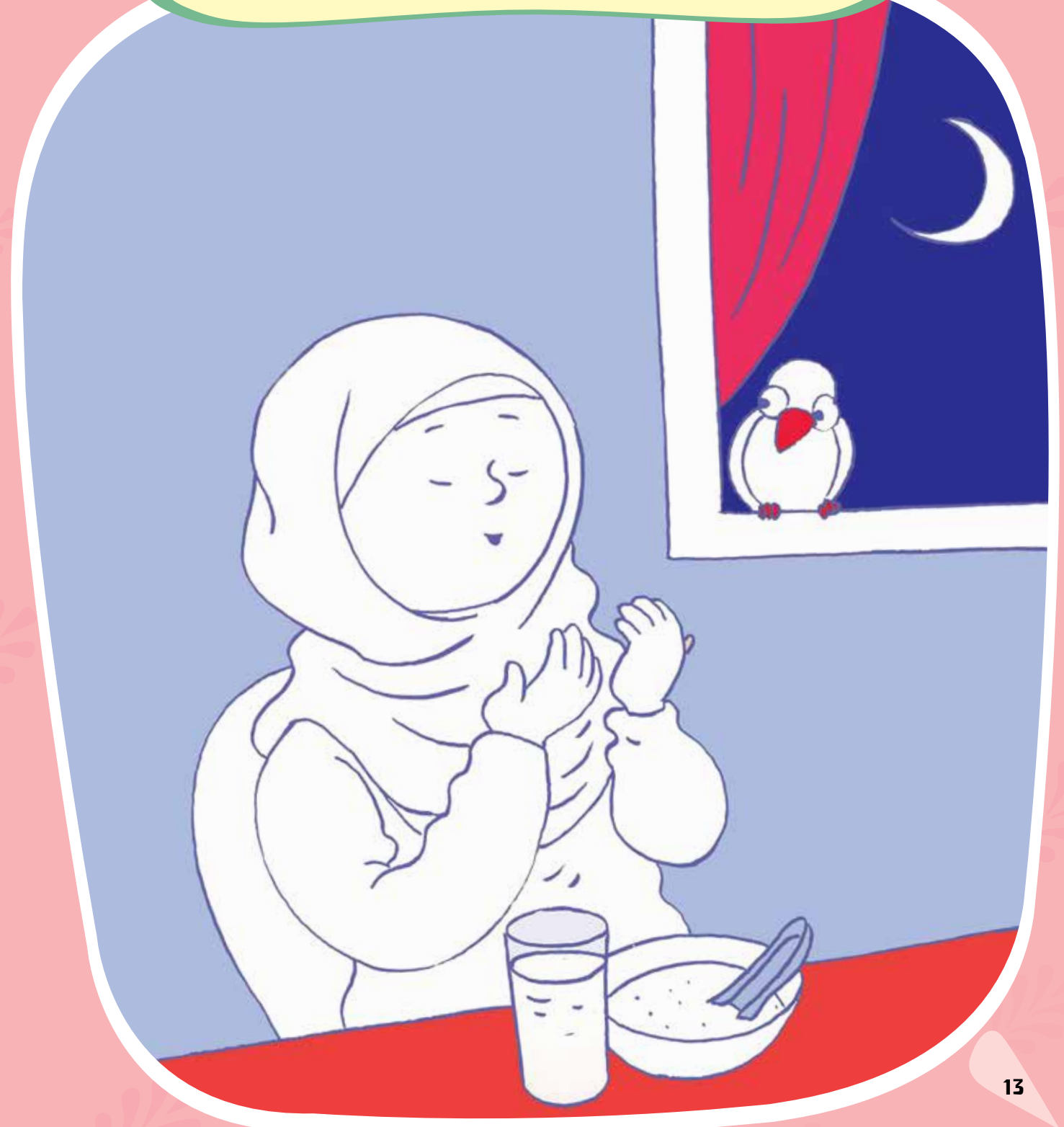
O Allah! I fasted for You and I believe in You  
and I break my fast with Your sustenance.

*Abu Dawud*



## SEERAH FACT

Abd al-Muttalib named the Prophet, "Muhammad",  
meaning "the praised one."





## HADITH TIME

The food of one person suffices for two, the food of two persons suffices for four, and the food of four persons suffices for eight.

*Muslim*



## SEERAH FACT

After the death of the Prophet's mother, his grandfather Abd al-Muttalib and after the death of Abd al-Muttalib, his uncle Abu Talib looked after him with great affection.





## HADITH TIME

The Prophet Muhammad ﷺ used to breathe three times in the course of a drink (he used to drink in three gulps).

*Al-Bukhari and Muslim*



## SEERAH FACT

The Prophet Muhammad ﷺ was called *Al-Amin* (trustworthy) and *As-Sadiq* (truthful).



## HADITH TIME

The Prophet Muhammad ﷺ said, “Were it not (for the fear) of overburdening my *Ummah*, I would have ordered them to brush their teeth (with *Siwak*) at every Salat.”

*Al-Bukhari*

## SEERAH FACT

The Prophet Muhammad ﷺ was 25 years old when he married Khadija.

